

# CLOROX HEALTHCARE™

# Carbapenemase-producing Enterobacteriaceae (CPE)

### What are CPE?

Carbapenemase-producing Enterobacteriaceae (CPE) [also known as carbapenem-resistant Enterobacteriaceae (CRE)] can cause life-threatening infections in hospitalized patients

and are a major concern in healthcare.

CPE is the collective name for a family of microorganisms that have high levels of resistance to antibiotics. Three well-known CPE include KPC (*Klebsiella pneumoniae* carbapenemase), NDM (New Delhi Metallo-beta-lactamase) and OXA-48.

CPE are resistant to many antibiotics, with some being resistant to all or almost all antibiotics. As a result, infections are very difficult to treat, and CPE bloodstream infections may kill 1 in 2 patients.

# Why are CPE a concern?<sup>1</sup>

- Some are resistant to multiple classes of antibiotics and not just carbapenemases.
- ▶ Mortality rates from some CPE infections are as high as 50%.
- ▶ CPE cause infections in both community and healthcare settings.

### Who is at risk of CPE infections?

Risk factors include:

- Having a compromised immune system.
- ▶ Having invasive devices such as catheters or mechanical ventilators going into the body.
- ▶ Using certain types of antibiotics (such as carbapenems, cephalosporins, fluoroquinolones and vancomycin).²
- ▶ Receiving healthcare in countries where CPE is present.

## How are CPE spread?

- Person to person transmission.
- ► Contaminated surfaces and equipment, which could contaminate healthcare personnel, and then be transmitted to patients.
- ▶ Hospital sink drains can be CPE reservoirs. Studies have shown that contaminated sinks were the source of CPE outbreaks.<sup>4, 5</sup>

#### Infection control measures

PIDAC provides useful guidance and resources for controlling and preventing the spread of CPE in healthcare facilities.<sup>6</sup>

- **1. Routine Practices:** Consistent use of Routine Practices with all patients/residents.
- 2. Screening:

Surveillance is an important measure to prevent and control the spread of CPE.

- **3. Contact Precautions:**Initiate contact precautions
  for patients/residents with CPE.
- 4. Inform: Notify the Infection Prevention & Control Professional or delegate to discuss the infection control management of client/patient/resident activities.

#### 5. Colonization:

It is not known how long bowel colonization with CPE persists, but it is likely of long duration.

6. Decolonization: There are no data to support CPE decolonization and it is not recommended.

## Clorox products with Health Canada approved claims against CPE

A number of Clorox disinfectants have Health Canada approved claims against some common CPE:

Product		DIN No.	Klebsiella pneumoniae (KPC)	Klebsiella pneumoniae (NDM-1)	Escherichia coli (carbapenem- resistant)	Escherichia coli (NDM-1)	Enterobacter cloacae (NDM-1)
Clorox Healthcare® Bleach Germicidal Wipes	THE STATE OF THE S	02465671	30 sec	30 sec		30 sec	
Clorox Healthcare® Bleach Germicidal Cleaner		02469278	1 min	1 min		1 min	1 min
Clorox Healthcare® Fuzion® Disinfectant Cleaner	Ricon	02459744		1 min			1 min
Clorox Healthcare® Hydrogen Peroxide Cleaner Disinfectant		02403528		30 sec		30 sec	
Clorox Healthcare® Hydrogen Peroxide Cleaner Disinfectant Wipes		02406225		30 sec		30 sec	
Clorox Healthcare® VersaSure® Wipes	The state of the s	02473151	2 min		2 min		
Clorox Healthcare® Spore Defense™ Cleaner Disinfectant	The Action of th	02494663					1 min
CloroxPro™ Clorox Total 360° Disinfecting Cleaner		02460769	2 min	2 min			

- $1. \ \ Centers for \ Disease \ Control \ and \ Prevention. \ Carbapenem-resistant \ Enterobacteriaceae \ (CRE) \ Infection: \ Clinician \ FAQs. \ https://www.cdc.gov/hai/organisms/cre/cre-clinicianfaq.html.$
- 2. Bhargava A et al. Risk Factors for Colonization due to Carbapenem-Resistant Enterobacteriaceae among Patients Exposed to Long-Term Acute Care and Acute Care Facilities. Infection Control and Hospital Epidemiology, 2014; 35(4): 398-405.
- 3. Kizny A et al. The Hospital Water Environment as a Reservoir for Carbapenem-Resistant Organisms Causing Hospital-Acquired Infections—A Systematic Review of the Literature. Clinical Infectious Diseases. 2018; 64:1435-1444.
- 4.De Geyter A et al. The sink as a potential source of transmission of carbapenemase-producing Enterobacteriaceae in the intensive care unit. Antimicrobial Resistance and Infection Control, 2017; 6:24-29.
- 5. Regev-Yochay G et al. Sink traps as the source of transmission of OXA-48-producing Serratia marcescens in an intensive care unit. Infection Control & Hospital Epidemiology 2018; 39:1307-1315.
- 6.PIDAC, Carbapenemase-producing Enterobacteriaceae (CPE) Sample fact sheet for health care staff. https://www.publichealthontario.ca/-/media/documents/r/2013/rpap-cpe-sample.pdf?la=en. Accessed on August 21, 2020



