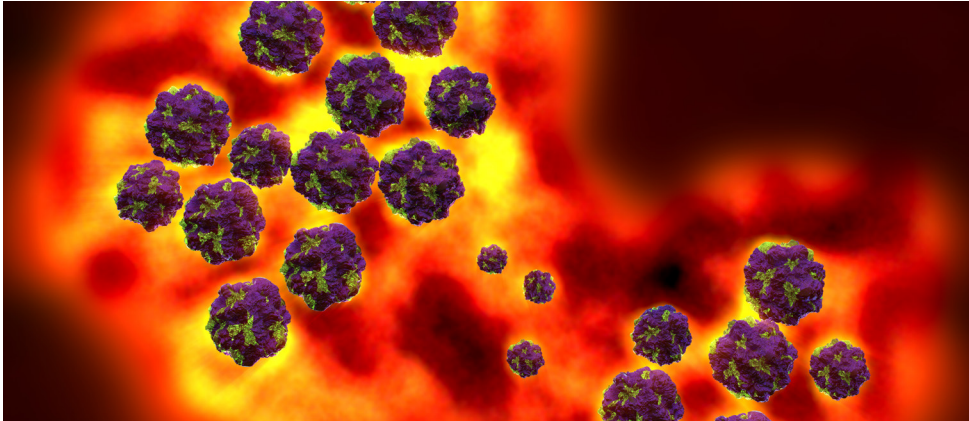


Rhinovirus

The leading cause of the common cold



What Is It?

Rhinoviruses are the major cause of the common cold.¹ Common cold infections are so widespread that there can be very few people who escape the infection each year. It has been estimated that adults suffer 2 to 5 colds per year and is one of the leading causes of missed days at work.² Children may have 8 to 12 colds in a year because their body's defences aren't as developed.³

Symptoms and Treatment

Symptoms usually show up about two days after a person becomes infected. Early signs of a cold are red eyes, a sore throat, sneezing, and a runny nose. Other symptoms that may occur include headache, stuffy nose, watering eyes, hacking cough, chills, muscle aches, and general malaise (ill-feeling) lasting from 2 to 7 days. Some cases may last for two weeks.²

How Does Rhinovirus Spread?

Rhinovirus can live on your hands and is spread by touching the mouth, nose or eyes after contact with an infected individual or a contaminated surface.⁴ Rhinoviruses can survive on surfaces for several hours.⁵ Airborne transmission from coughs and sneezes is also possible. Rhinoviruses are most active in early fall, spring and summer.

How Can I Help Prevent the Spread of Rhinovirus?















- ▶ Practice proper hand hygiene. Wash hands carefully and frequently with soap and water. Alcohol-based hand sanitizers containing at least 62% alcohol are also effective.
- ▶ Ensure frequent cleaning and disinfecting of commonly touched surfaces.
- ▶ Use Health Canada-registered disinfectants with a rhinovirus claim.
- ▶ Cough or sneeze into a tissue or your elbow. Avoid coughing or sneezing into your hands. Illness-causing germs can spread through touch.



1. National Institute of Allergy and Infectious Diseases <https://www.nih.gov/news-events/nih-research-matters/understanding-common-cold-virus>
 2. Canada Centre for Occupational Health and safety, OSH Answers Fact Sheets. https://www.ccohs.ca/oshanswers/diseases/common_cold.html.
 3. MedBroadcast. The Common Cold. https://www.ccohs.ca/oshanswers/diseases/common_cold.html.
 4. National Center for Biotechnology Information, www.ncbi.nlm.nih.gov/pmc/articles/PMC2231439/
 5. National Center for Biotechnology Information, www.ncbi.nlm.nih.gov/pmc/articles/PMC182122

These Products Kill the Cold Virus*

Clorox offers a full line of products that are effective against cold viruses* on a variety of hard, nonporous surfaces.

CLOROX ITEM NO.	PRODUCT DESCRIPTION	QTY.	CONTACT TIME
GENERAL DISINFECTING			
	01383 Clorox [®] Germicidal Bleach, 3.58 L.	ea.	5 min
	01272 Clorox [®] Clean-Up [®] Disinfectant Bleach Cleaner, Trigger spray, 946 mL	ea.	30 sec
	01172 Clorox [®] Clean-Up [®] Disinfectant Bleach Cleaner, Refill, 3.78 L.	ea.	30 sec
	01693 Clorox [®] Disinfecting Bio Stain & Odour Remover, Trigger Spray, 946 mL.	ea.	5 min
	01668 Clorox Total 360 [®] Disinfectant Cleaner, 3.78 L.	ea.	2 min
	01743 Clorox [®] Anywhere [™] Daily Sanitizer & Disinfectant, 3.78 L.	ea.	5 min
HEALTHCARE DISINFECTING			
	01456 Clorox Healthcare [®] Hydrogen Peroxide Cleaner Disinfectant Wipes, 70ct	ea.	1 min
	01670 Clorox Healthcare [®] Hydrogen Peroxide Cleaner Disinfectant, Spray, 946 mL	ea.	1 min
	01664 Clorox Healthcare [®] Hydrogen Peroxide Cleaner Disinfectant, Pull-top, 946 mL	ea.	1 min
	01671 Clorox Healthcare [®] Fuzion [®] Cleaner Disinfectant Spray, 946 mL.	ea.	1 min
	01557 Clorox Healthcare [®] Bleach Germicidal Wipes, 150 ct.	ea.	1 min
	01308 Clorox Healthcare [®] Bleach Germicidal Wipes, 70 ct.	ea.	1 min
	01416 Clorox Healthcare [®] Bleach Germicidal Cleaner, Pull-top, 946 mL.	ea.	1 min
	01742 Clorox Healthcare [®] Spore Defense [™] Cleaner Disinfectant, 3.78 L	ea.	1 min

* Rhinovirus. Use as directed on hard, nonporous surfaces



For more information, contact your Clorox sales representative.
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